

# Preventive health services

## for you and your family

Below are recommended preventive health services for healthy adults and children with average risk. Talk with your doctor to decide which screenings and vaccines are right for you and your family, and when you should have them.

### Recommended preventive health screenings and vaccines for infants, children and adolescents

Newborn screening panel	One time	before infant leaves hospital or birthing center
Newborn hearing screening	One time	before 1 month of age
Hearing screening	Periodically	throughout childhood and adolescence
Vision screening	One time	between 3 and 5 years of age
Body mass index (BMI) measurement	Periodically	6 years of age and older
Depression	Routinely	12-18 years of age
Virus (HIV) screening		
Hepatitis B (HepB) vaccine	0-18 months of age	
Hepatitis A (HepA) vaccine	12-18 months of age	
Rotavirus vaccine	Infants younger than 8 months of age	
Pneumococcal conjugate vaccine (PCV)		Children younger than 2 years old

[HRSA.gov/advisory-committees/heritable-disorders/index.html](https://www.hrsa.gov/advisory-committees/heritable-disorders/index.html)





